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## Healthy Staff, Happy Staff



To ensure school staff are equipped with the resources to take care of their mental health and overall wellness, [Broughal Middle School](#) created "The Launch Pad" - a safe space for administration, teachers, and custodians to practice mindfulness and self-care throughout the day.

Read  
More

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## Growing and Flourishing Together

[Resilient PA](#) strives to foster resilient youth, families and communities in Pennsylvania through promoting trauma-informed care. Resilient LV, in partnership with [United Way PA](#) and [United Way of Greater Philadelphia and Southern New Jersey](#), helped usher in the statewide program.

Free trauma trainings through [Lakeside](#) and across a variety of topics are available.

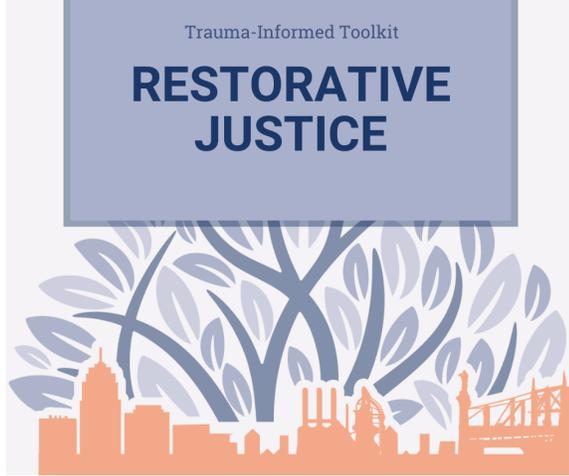
Learn  
More



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## Building Your Resilient Toolkit

To help provider's build their trauma-informed toolkits, Resilient LV offers tips and resources for self-care and refining



resilient practices.

**Restorative Justice:** An opportunity for students to understand the source of their behavior, take responsibility for their choices and grow from the experience.

**Build Your Toolkit**

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## Handle With Care Program

Helping educators connect the dots between a child's behavior and a precipitating event outside the classroom, The [Handle With Care](#) program instructs police on ways to inform schools when a child witnesses something potentially traumatizing.



**Update on the Program**

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## Save the Date - Understanding & Supporting Loved Ones With Substance Abuse Webinar

Resilient LV is partnering with [Treatment Trends, Inc.](#) and [KidsPeace](#) to provide insight and actionable strategies for families, parents and caregivers to overcome substance abuse. The **webinar** is open to the public and will be held on Thursday, May 13 from 5:30 to 7:00 PM. Featured panelists include:

- **Angela Centolanza** - Office of Children and Youth Services Recovery Support Advocate, Treatment Trends
- **Stan Lewandowski** - Family Recovery Support Advocate, Treatment Trends
- **Evelyn Robles** - Project Director, Center of Excellence, Treatment Trends
- **Katherine Matonis** - Director of PA Community Programs, KidsPeace

Plan to attend or share the registration link with someone in need of assistance.

**Register**

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Resilient Lehigh Valley offers professional development training on trauma-informed care, trauma awareness, cultural competence, and racial trauma.

[Request Training](#)

Be a champion for resilience! Join our coalition and action teams.

[Get Involved](#)

STAY IN TOUCH

