



Healthy Staff, Happy Staff



To ensure school staff are equipped with the resources to take care of their mental health and overall wellness, [Broughal Middle School](#) created "The Launch Pad" - a safe space for administration, teachers, and custodians to practice mindfulness and self-care throughout the day.

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Growing and Flourishing Together

[Resilient PA](#) strives to foster resilient youth, families and communities in Pennsylvania through promoting trauma-informed care. Resilient LV, in partnership with [United Way PA](#) and [United Way of Greater Philadelphia and Southern New Jersey](#), helped usher in the statewide program.

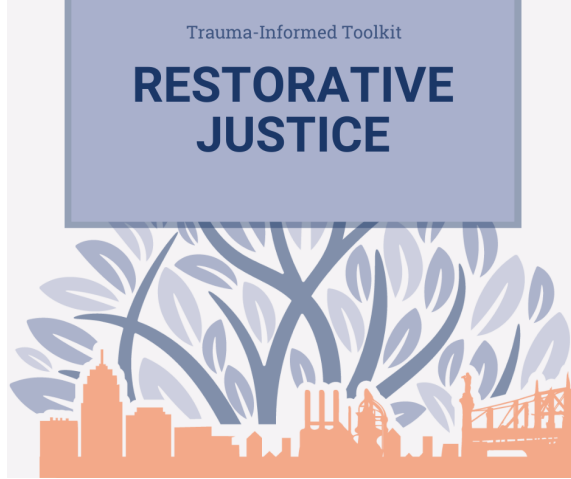
Free trauma trainings through [Lakeside](#) and across a variety of topics are available.

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Building Your Resilient Toolkit

To help provider's build their trauma-informed toolkits, Resilient LV offers tips and resources for self-care and refining



resilient practices.

Restorative Justice: An opportunity for students to understand the source of their behavior, take responsibility for their choices and grow from the experience.

Build Your Toolkit

Handle With Care Program

Helping educators connect the dots between a child's behavior and a precipitating event outside the classroom, The [Handle With Care](#) program instructs police on ways to inform schools when a child witnesses something potentially traumatizing.



Update on the Program

Save the Date - Understanding & Supporting Loved Ones With Substance Abuse Webinar

Resilient LV is partnering with [Treatment Trends, Inc.](#) and [KidsPeace](#) to provide insight and actionable strategies for families, parents and caregivers to overcome substance abuse. The **webinar** is open to the public and will be held on Thursday, May 13 from 5:30 to 7:00 PM. Featured panelists include:

- **Angela Centolanza** - Office of Children and Youth Services Recovery Support Advocate, Treatment Trends
- **Stan Lewandowski** - Family Recovery Support Advocate, Treatment Trends
- **Evelyn Robles** - Project Director, Center of Excellence, Treatment Trends
- **Katherine Matonis** - Director of PA Community Programs, KidsPeace

Plan to attend or share the registration link with someone in need of assistance.

Register

Resilient Lehigh Valley offers professional development training on trauma-informed care, trauma awareness, cultural competence, and racial trauma.

[Request Training](#)

Be a champion for resilience! Join our coalition and action teams.

[Get Involved](#)

STAY IN TOUCH

